

2018



**Volunteer Centre**  
Sefton



**Sefton CVS**  
Supporting Local Communities

## Volunteering & Fundraising Toolkit for Schools & Young People

Sefton Council for Voluntary Service (CVS)  
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# Welcome to the **Volunteering** & **Fundraising** Toolkit!

Inside this pack you'll find lots of useful information and ideas to help you and your school support local good causes, charities and community groups across Sefton – whether that's through volunteering, fundraising or just lending a helping hand!

This pack has been produced by **Volunteer Centre Sefton** (who help individuals and groups with volunteering!) and **Sefton 4 Good** (who help with fundraising for local good causes!) – managed by Sefton Council for Voluntary Service (CVS).

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All the information about **volunteering** included in this pack (and much more!) is available online at [volunteeringsefton.org.uk](http://volunteeringsefton.org.uk) or simply scan the QR code below with your smart phone! If you would like to contact the Volunteer Centre Sefton team, please call **0151 920 0726** or email [info@volunteeringsefton.org.uk](mailto:info@volunteeringsefton.org.uk)



- Register as a volunteer
- Create your own account
- Search and Browse Volunteer roles
- Sign up to the Volunteer Centre newsletter

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All the information about **fundraising and supporting local good causes** included in this pack is available online at [www.sefton4good.org.uk](http://www.sefton4good.org.uk) or scan the QR code below. If you would like to contact Sefton 4 Good, please call **0151 920 0726** or email [info@sefton4good.org.uk](mailto:info@sefton4good.org.uk)

- Fundraising Ideas
- Help with Crowdfunding
- Sponsorship forms
- Resources and Templates



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# Volunteering

## What is volunteering?

Volunteering is when you give your time to help an organisation, or an individual to whom you are not related. For example, if you have ever helped out at a sports event, or a school fair, or taken part in a sponsored walk, you've been a volunteer.

Volunteering should never be something you are made to do, and is not done for financial gain. The rewards are about the satisfaction of putting something back into society, about gaining useful experience and skills, meeting new people, and hopefully having fun!

## Why should I volunteer?

There are many reasons to volunteer. These include...

- Making a real difference to your community
- Improving your own health and wellbeing
- Gaining new skills and experiences
- Meeting new people and building your confidence
- Improving your education and employment opportunities
- Enjoying yourself and having fun!

## How do I start volunteering?

If you are looking to volunteer as an individual, you can register as a volunteer with Volunteer Centre Sefton. Simply visit [volunteeringsefton.org.uk](http://volunteeringsefton.org.uk) where you can sign up, browse volunteer roles and manage your own volunteer account!

Do you and your friends want to volunteer together? If so, that's great! There are lots of opportunities to volunteer as a group, but it's really important that you find the right volunteer role for you!

For advice and information about volunteering as an individual or as part of a group, please contact Volunteer Centre Sefton team on **0151 920 0726** or email [info@volunteeringsefton.org.uk](mailto:info@volunteeringsefton.org.uk)

## Who do I volunteer with?

Did you know there are over 1000 voluntary, community or faith groups and organisations in Sefton? Lots of these groups – whether they're small, medium or BIG organisations - need volunteers to help out with a range of different things...

*...and the best bit is, you can choose which volunteering opportunity is right for you*

Some areas of interest for volunteer roles include:

Animals  
Art , Design & Culture  
Children  
Disability  
Education & Literacy  
Elderly People  
Emergency Services & Safety  
Environment & Conservation  
Families  
Health, Hospitals & Hospices  
Heritage  
IT, Computers & Technology

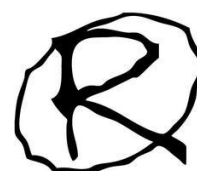
Libraries  
Mental Health  
Mentoring  
Museums & Heritage  
Music  
Politics  
Poverty & Welfare Support  
Sports & Outdoor Activities  
Veterans & Armed Forces  
Women & Children  
Young People

## Example volunteer roles

Please see below for a sample of volunteer roles available with local voluntary, community and faith (VCF) sector groups and organisations:

### **Volunteer with Rampworx Skatepark** (reg. charity no. 1097748)

*Some volunteering opportunities could include the following; Accountancy and Book Keeping, Admin Work, Graphic Design, Events, Marketing, Ramp Build & Maintenance, Retail, Research & Development*



### **Volunteer Football Coach with Southport & Formby Special Athletes** (reg charity no. 1037697)

*Confident and active volunteers are needed to be Football coaches or to generally help out at sessions. Activities take place evenings and mostly at weekends. Football coaching sessions take place at Southport college on Sundays (12.30pm - 1.30pm).*



### **Freshfield Animal Rescue Volunteers**

*Freshfield Animal Rescue need help to care for a wide range of abandoned animals. Their volunteer roles include dog walking, working in their cattery, and working in their charity shops. Some volunteering roles are open to 16 and over.*



### **Plaza Community Cinema Volunteers**

*By volunteering, you contribute directly to the running of cinema on a day to day basis, enabling this amazing community resource to stay available and affordable for everyone. You'll get to learn new skills from ushering, to box office management and kiosk operation, and get an insight into how a cinema actually runs. Volunteers must be aged 15 or over.*



### **Peer Mentor with Buddy Up project**

*The Buddy Up project is looking for volunteer mentors to support young people aged 13 to 18 with additional needs and disabilities to make friends and take part in fun activities across Sefton.*



## Youth Voice & Participation

In addition to volunteer roles with local organisations, there are also plenty of ways in which young people can get involved and make a difference in their local community. Please see below for examples of how YOU can get involved...

### Young Healthwatch Ambassadors

This is an opportunity for young people interested in their health and wellbeing to be part of a team whose focus is on improving services and become a service that is used as a reference point when groups are investigating young people's opinions on health services.



The ambassadors will have the opportunity to lead on mini-campaigns, signposting to services, service reviews and design, engaging a wide group of young. **For more details about Young Healthwatch, please visit [www.healthwatchsefton.co.uk](http://www.healthwatchsefton.co.uk), email [info@healthwatchsefton.co.uk](mailto:info@healthwatchsefton.co.uk) or call 0800 206 1304.**

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### Sefton Young Advisors

Young Advisors are paid, trained and professional young people, aged between 15 and 23, who help and support community leaders and decision makers to better engage with young people in community life, regeneration and renewal.

Sefton Young Advisors are locally recruited on the basis of their passion for their communities, rather than academic ability or social background. They are professionally trained to provide links between professionals, young people and their communities, ensuring that plans and delivery are relevant and respected. **For more information please visit [www.sefton.youngadvisors.org.uk](http://www.sefton.youngadvisors.org.uk), email [young.advisors@seftoncvcs.org.uk](mailto:young.advisors@seftoncvcs.org.uk) or call 0151 920 0726**



### Emotional Health and Wellbeing Young People's Forum

This is a group of young people from across Sefton who are passionate about promoting positive mental health, campaigning on emotional health and wellbeing issues and offering challenge to local professionals who make decisions that affect young people's lives. The panel meets every other month at community venues all over Sefton, and their ideas directly link to professional decision making groups. It is open to all young people aged 13 and above.



**For more details about Emotional Health & Wellbeing Young Person's Forum, please email [EHWB@seftoncvcs.org.uk](mailto:EHWB@seftoncvcs.org.uk) or call 0151 920 0726.**

# Fundraising

## What is Fundraising?

Fundraising is when you choose to raise money for a specific charity, or on behalf of a specific charity campaign. You can choose to fundraise as part of a group or as an individual by getting involved in a range of activities and events. When you or your friends are fundraising, you are supporting good causes and helping others (or you're helping others to help others!).

## How can me and my school help raise money?

There are lots of fun and creative ways to fundraise, and by using your imagination you and your school can make a real difference and raise valuable funds for local good causes across Sefton.

## Fundraising Ideas

Bake/Cake Sale  
Charity Christmas Cards  
Charity Shop Collections  
Children's Art Exhibition / Sale  
Create your own cookbook  
Flower Bulb / Mother's Day Gifts Selling  
Fundraising Auctions  
Fundraising Badges  
Fundraising Car Wash  
Fundraising Christmas/Easter Decorations  
Knitting For Charity

Lollipop Fundraisers  
Lucky Dips  
No Uniform Day / Mufti Day  
Raffles  
School Calendars Fundraising  
School Dance Fundraiser  
School Fashion Show Fundraiser  
School Fete or Fair  
Spelling Bee Fundraiser  
Sponsored Silence  
Teacher Baby Photo Competition

## Useful information and help with fundraising

The web links below include ideas for fundraising activities, and these can be applied to your own good cause or the charity that you are raising funds for!

[www.fundraiserinsight.org](http://www.fundraiserinsight.org) – Although this is an American website, here you will find a variety of fundraising ideas and useful information for fundraising events and activities.



<https://www.comicrelief.com/fundraising> – The Comic Relief website is full of information about fundraising, and has a range of ideas and guidance for individual and group activities.



[www.bbcchildreninneed.co.uk](http://www.bbcchildreninneed.co.uk) – The BBC Children In Need website has a number of online toolkits and resources including sponsorship forms, fundraising flyers and team activities and events.



## EXAMPLE SPONSORSHIP FORM

INSERT CHARITY  
LOGO

Please help me reach my target of

£

### Sponsorship Form

Event \_\_\_\_\_

Title \_\_\_\_\_ First Name \_\_\_\_\_

Surname \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

School \_\_\_\_\_

If you are a UK taxpayer you can claim Gift Aid on this donation. It amounts to an additional 25p for each pound you give, at no extra cost to you.

**GIFT AID DECLARATION** I understand that I must pay in the fiscal year in which my donation is made an amount of income tax or capital gains tax equal to the amount you claim on this donation.

Tick for Gift Aid



Full name	Home address (needed for gift aid)	Postcode	Amount £	Gift Aid	Paid

TOTAL AMOUNT RAISED

£

## What is Sefton 4 Good?

Sefton 4 Good is about individuals, community and businesses helping to support local charities and community groups. This can be done by:

- Giving time through volunteering and helping others
- Getting involved in all sorts of fundraising and activities to raise money
- Providing a special skill or talent that improves the work of a community group
- Donating goods such as food, toys and furniture that can be given to local people who need extra help and support.

## Why should I support Sefton 4 Good?

Sefton 4 Good is all about keeping the 'Sefton pound' in the borough. This means local people helping out local good causes. Sefton 4 Good is run by Sefton Council for Voluntary Service. We are an established registered charity and we work with 1,000 local voluntary and community groups who are active in the borough of Sefton.

Sefton 4 Good doesn't just raise funds for one cause – instead, it helps raise money for a wide variety of activities that are improving lives in our local street, neighbourhood and community. We help to connect the donor with local groups and where their donation of time, money, skills, can make a big difference.

There are lots of groups who can benefit from fundraising and donations – which is what makes Sefton 4 Good special!



## Who does Sefton 4 Good help ?

Sefton4Good has supported groups by providing grants to:

- Bootle and Litherland Guides to buy camping equipment of their own
- Crosby Plaza Cinema to screen Dementia Friendly films
- Liverpool Road Methodist Church to buy a boiler to enable them to open up their facilities for community and social activities
- South Sefton Foodbank to provide vital food supplies
- Fund Sefton Children's Trust to enable them to provide holiday places to children in need
- To help Yarnagans set up a knitting group to reduce loneliness and isolation
- Veterans in Sefton to buy fleeces for volunteers acting for the charity

Sefton4Good has worked with local businesses who have donated goods to:

- Provide afternoon teas to bring older people together
- Recycle and distribute furniture, tables, chairs, office equipment, to community groups
- Food, toothpaste, deodorant etc. to local foodbanks
- Bread, sandwich fillings and drinks to feed children and families who need extra support during the Summer Holidays

Sefton4Good also runs fun activities and events to raise funds such as:

- Charity abseil down Liverpool Cathedral
- Christmas Jumpers4Good
- Comedy Bingo and Quiz nights
- 5K runs and cycle rides
- Photograph competition
- Sefton4Good Christmas card competition with local schools

## How can you support Sefton4Good ?

Sefton 4 Good can provide branded, sealed collection buckets and official sponsor forms to support your fundraising events and activities. We can also provide a Sefton 4 Good pop-up banner which can be used to raise awareness that you are supporting the scheme. Sefton 4 Good branded wristbands and T-shirts are also available and can be sold as part of your fundraising activity.



# Sefton 4 Good: Brilliant Ideas from the brilliant young people of Sefton

We're looking to pull together a collection of fundraising ideas from young people across Sefton. All ideas will receive a Young Citizen 4 Good certificate signed by the Mayor of Sefton and will be hosted online to encourage others and spread good practice! Please fill out the short form below.

Name of young person or group

Name of school or youth organisation supporting the initiative

Does your project or fundraising idea have a name?

Tell us about your idea....

What resources did you need to bring your idea to life?

Any handy tips or lessons you've learnt?

## HOW TO ENTER

Simply complete the above and email to [info@sefton4good.org.uk](mailto:info@sefton4good.org.uk) or send to the address below:

**Freepost RTCG-HGXH-LHRS, Sefton 4 Good, Suite 3B, 3rd Floor, North Wing, Burlington House, Crosby Road North, Waterloo, Merseyside, L22 0LG.** If you have any problems submitting your entry, please call the Sefton 4 Good team on 0151 920 0726.

